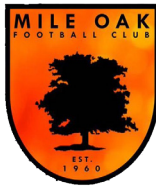




SUSSEX SUNDAY FOOTBALL LEAGUE CUP FINAL PROGRAMME



**VALLEY ROVERS OLD BOYS VETS VS
MILE OAK VETS**

SSFL INTERMEDIATE VETS CHALLENGE CUP FINAL
SPONSORED BY VITA RISK SOLUTIONS

FRIDAY 27 MARCH 2026 @ RINGMER FC
19:30 KO





JOIN THE EXCITEMENT! YOUR FOOTBALL JOURNEY AWAITS!

Whether you're a seasoned player or just starting out, our football league is calling on players of all ages and skill levels to join! From beginners to seasoned veterans, we believe that football is for everyone.

Why Join Us?

- Fun, Competitive Matches: Play with people of all skill levels in a supportive environment.
- Flexible Leagues: With divisions for all ages, there's a team for everyone.
- Fitness & Social Fun: Stay active and meet new friends while doing what you love.

Who Can Join?

- Adult Leagues: All skill levels welcome!
- Veteran's Divisions: For those 35 and over – age is just a number
- Masters Division: For those 45 and over – age is just a number!

What to Expect:

- Weekly games
- Cup competitions
- A positive and welcoming atmosphere
- All skill levels welcome!

So, what are you waiting for? Get in the game and be part of the most exciting football league around!

Sign up today at sussexsundayfootballleague.co.uk
or call 07904 780370 to reserve your spot!

SUSSEX SUNDAY FOOTBALL LEAGUE

Chairman
Greg Austin

Vice Chairman
Ian South

Treasurer
Julie Woods

Secretary
Peter Hallett

Referees
Dan Bryant

Welfare
Andrew Lindley

Committee
Leigh Huffer
Mark Hunnissett
Laurie Doutre
Andy Wilson

Media
Anthony Scott

Cup Final Liaison
Joanne Huffer

Respect



The Sussex Sunday Football League strongly supports the FA statement that there should be a zero tolerance approach against racism and all forms of discrimination.

Accordingly any form of discriminatory abuse - whether it by reason of age, disability, gender reassignment, race, religion and belief, marriage and civil partnership, pregnancy and maternity, sex and sexual orientation or any other form of abuse will be reported to The Football Association for action.



WELCOME

TO RINGMER FC

Good evening and welcome to Ringmer for the Final of the Veterans Intermediate Trophy.

Tonight's teams are no strangers to each other and it promises to be an absolute belter.

Valley Rovers Old Boys, who won the junior version of this trophy last season also faced the same opposition in the open age trophy Final losing 2-1 in added time.

This season Mile Oak are on for the veterans treble as they are in the Driving seat for the Premier Division title and also play the same opponents as tonight in the SCFA Veterans Cup final on the 17th of April.

Tonight is chapter 1 of a cup double for both teams.

With Mile Oak still in great form and Valley dropping points in the last 2 games to finish no higher than 2nd,

the oak go into the game as firm favourites.

Best of luck to both teams and a big thank you to all who've travelled to watch tonight.

Your match officials are :

Referee: Owen Radley

Senior line: Harvey Lamble

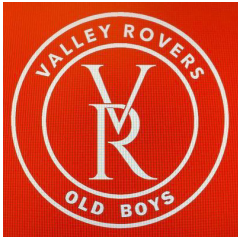
Junior line: Tom Cannaby

Fourth: Lewis Bellamy

Also a big thank you to our hosts at Ringmer Football Club and the SSFL committee for their time tonight.

We wish everyone the very best of luck and thank all of the match officials and committee members for giving up their time.

Greg Austin
SSFL Chairman



VALLEY ROVERS OLD BOYS VETS

Formed: 2023

Bio: A proper family team
for all the old gits & a few
hangers on.

Twitter/X:
@VROLDBOYS

ROUTE TO THE FINAL

First Round

Valley Rovers Old Boys 6-2 Ferring

Goals: Dickens, Shelley 3, Maskell, McBride

Quarter-Final

Valley Rovers Old Boys 6-1 Charlwood Village

Goals: Hide, Bundy, Dickens 2, Hammy, Marchant

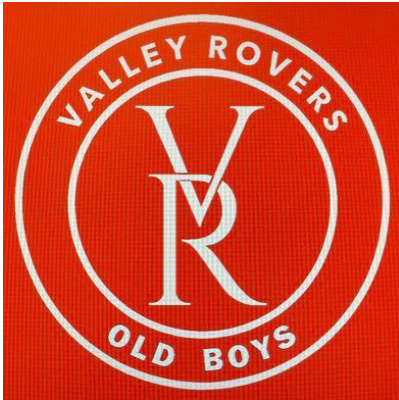
Semi-Final

Valley Rovers Old Boys 5-0 West Chiltington

Goals: Bundy, Hammy, McBride 3

THANK YOU TO OUR SPONSORS





MEET THE PLAYERS

Steve Thompson

Pound for pound best vets keeper, maybe even open age keeper in the SSFL

Steve Fernandez

Sexy name for a sexy footballer. Solid anywhere he plays.

Ben Towner

Nippy wide player who is on loan from Snow White tonight. Member of the dwarf gang.

Rob Busby

Fittest he's been in years. Engine room type of player rocking a strange beard at the moment

Dane Amiet.

Captain and leader. Heart of the team and founder member of the dwarf gang.

Dan Whitton.

Gifted player who is prone to a shoulder drop and turn.

Hammy.

Fast and strong just useless in front of goal. Once hit a penalty over a house

Jack Dickens

Loves a left foot top corner and back to his best form.

Jake Ward

Carries his toys in his pocket for when he needs to throw them. Key link up player

Matt Maskell

Box to box player who scores a few too. Runs around like a Duracell bunny

Ryan McBride

Old school forward. Built like Mickey Quinn with the feet of Lionel messi.

Lewis Hide

Versatile player who can literally play anywhere.

Tom Shelley

Good for a yellow card most weeks, key part of the team and a keen runner

Jon Bundy

Team mascot. Never offside and his football brain is legendary.

Ross Smith

Tremendous player. Joint founder member of the dwarf gang and a key part of the engine room.

Sam Hodgkins

Newest vet in the side. Great feet and slowly working his way into the team.

Ian South

Enjoying his football again. Hopefully not in goal tonight.

VETS INTERMEDIATE CHALLENGE CUP 2025/26

FIRST ROUND

Valley Rovers Old Boys	6-2	Ferring
Montpelier Villa	A-W	Charlwood Village
Ringmer	2-1	Heathfield & Horam
Burgess Hill Wanderers	2-3	West Chiltington
TD Shipley	A-W	Rustington
Hurstpierpoint	1-5	Mile Oak
Roffey	1-2	Peacehaven & Telscombe
South Park	H-W	Seaford Town

QUARTER-FINAL

Valley Rovers Old Boys	6-1	Charlwood Village
Ringmer	1-8	West Chiltington
Rustington	A-W	Mile Oak
Peacehaven & Telscombe	3-4	South Park

SEMI-FINAL

Valley Rovers Old Boys	5-0	West Chiltington
Mile Oak	5-1	South Park

FINAL

Valley Rovers Old Boys	vs	Mile Oak
27/03/26 Ringmer FC 19:30		





UPCOMING CUP FINALS

SUSSEX SUNDAY FOOTBALL LEAGUE

WEDNESDAY 1 APRIL

GM SENIOR CHALLENGE CUP FINAL

@ LANCING FC | 19:30

FRIDAY 3 APRIL

RON PAVEY SUNDAY BOWL FINAL

@ STEYNING TOWN FC | 19:45





MILE OAK

Formed: 2015

Bio: The vets were formed in 2015 by Tony Burnett to give a few aged players a chance to play on, the Club joined the Mid Sussex Fred Pretty Trophy.

2015/16 - In our 1st season we reached the final but lost on penalties to Hassocks Vets, whilst exiting the County Cup to Eastbourne Town, losing 5-4.

2017/18 saw us lose 5-1 to Horley in the Trophy in the knockout semi-final stage. But we lifted the County Cup with a 5-2 win over Haywards Heath, having beaten Eastbourne 7-6 in the quarters. 2018/19 saw us come runners up in the Fred Pretty Trophy, again Horley being our conquerors, 2-0 in the final.

2022/23 our 9th year saw us switch to the all-conquering Sussex Sunday Vets league. 2 wins to begin the season was followed by back-to-back league defeats to bring us back down to earth. We ended up runners up by a single point behind white hart, but avenged that by knocking them out of the county cup & winning it for a 2nd time, beating Pagham 4-0 in the final. However, we lost to Steyning on penalties in the vets league cup final, following a 1-1 draw. 2023/24 was a fantastic but frustrating season, winning the vets Premier league title. 2024/25 has yielded a 5th league runners up medal (to go with 3 titles!), but we also lost our vets cup trophy - both to strong South Park side. Last season the side was taken over by Aaron Stenning and Chris Georgiou stayed on as assistant.

ROUTE TO THE FINAL

Round One

Mile Oak 5-1 Hurstpierpoint Vets

Goals: *Gathern, Mitchell, Packer 2, Ransom*

Quarter-Final

Rustington Vets A-W Mile Oak

Goals: -

Semi-Final

Mile Oak 5-1 South Park Vets

Goals: *Budd 2, Lovett, Packer, MacMillan*

THANK YOU TO OUR SPONSORS



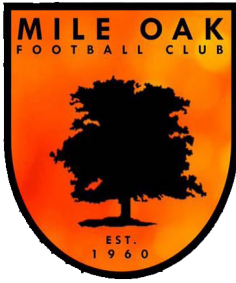
Main home kit sponsor, Blenheim have been great support to the vets for a couple of seasons now.



Warm up kit sponsor, Brighton Cool are an air conditioning company based in Brighton.



Team Hoody sponsor, Under Pressure are an Outside cleaning company based in Hove.



MEET THE PLAYERS

Matt Gotel

New signing this season, shot stopping a key attribute, plays when he can due to being a part time performer on the stage.

Lewis Taylor

New signing this season, great addition to the squad, Neat and Tidy with an eye for goal.

Michael Gould

Gouldy has been superb this season when he's been available, even filled in between the sticks when required. Always get a 9/10 performance in every game.

Jay Lovett

Like a fine wine, Jay. A real rolls Royce of a player who's calm and collective wherever he plays. A regular for a few years now who's presence is missed when unavailable.

Karl Gillingham

Hampered season due to injury earlier in the season, when available always gives 100% and can play in a variety of positions. Predominantly used as a CF this season.

Darren Budd

New signing this season, ball winning midfielder with the creativity to go with it. An eye for goal too popping up with some important goals this season for the vets.

Scott Packer

New signing this season, nicknamed 'the engine' as he never stops running. Gets the team going when needed. Currently the team's top goal scorer from midfield.

Jason Gatherin

New signing this season, Gav's returned to the Oak after a season away. A real cog in the side who breaks up play and keeps the team ticking over.

Dean Lovegrove

New signing this season, one of the calmest people to ever play the game. An eye for a goal. Deadly set piece. All round nice guy.

Andy McDowell

Finally managed to get Andy on the pitch after being signed on for a couple of seasons. A natural striker who knows where the goal is. Has scored in every game he has played.

Justin Jones

New signing this season, cool, calm and collected. Can play CB or LB and a wealth of experience has helped us on and off the pitch. Great talker.

Aaron Ransom

Tireless midfielder who's been involved with the vets for a few years now. Vice-Captain of the team, chips in with assists and goals in almost every game.

Lee Early

Mid-season addition, great assets to the side with his no-nonsense attitude, has chipped in with a sprinkle of assists from Right back.

Rickie Mitchell

Mid-season addition, very flexible as can play wide of down the middle. Predominantly been used as a wide player this year and has contributed with goals and assists.

Aaron MacMillan

One of the best first touches any player has in the side, a key member of the squad whose season has been hampered by injury. Scored goal of the season in the semi-final.

Brett Lovett

Old school defender who does the simple things best. Sometimes in football these things go unnoticed and Brett makes it look so easy.

Matt Lindner

New signing, hasn't been about as much due to his other 16236328 roles within football. When has played has been a great asset to the squad.

Aaron Stenning – Manager

Previously the vets no.1 – stepped into TB's shoes this season and taken on the task of managing. Two finals and in contention for the league title. A job almost complete.



www.stevemillsphotography.co.uk

LEAGUE STATISTICS

VETS PREMIER TABLE

	P	W	D	L	GD	PTS
1 Mile Oak Sunday Vets	7	6	1	0	16	19
2 South Park (Reigate) FC Vets	6	5	1	0	9	16
3 Peacehaven & Telscombe Vets	7	2	1	4	-6	7
4 Burgess Hill Wanderers Vets	8	1	1	6	-7	4
5 West Chiltington Veterans	6	1	0	5	-12	3

VETS INTERMEDIATE TABLE

	P	W	D	L	GD	PTS
1 Seaford Town Mens Veterans	6	6	0	0	15	18
2 Valley Rovers Old Boys Vets	7	4	2	1	8	14
3 Lewes FC Veterans First	7	3	1	3	1	10
4 Charlwood Village Veterans	6	1	2	3	-2	5
5 Montpelier Villa AFC Veterans	8	0	1	7	-22	1

VETS DIVISION ONE TABLE

	P	W	D	L	GD	PTS
1 Roffey Vets	7	5	1	1	18	16
2 Heathfield & Horam Veterans	8	4	2	2	-3	14
3 Hurstpierpoint Veterans	7	2	3	2	-2	9
4 Ringmer AFC Veterans	8	2	0	6	-6	6
5 Ferring Vets	6	1	2	3	-7	5

TOP SCORERS (ALL COMPS)

SCOTT PACKER
Mile Oak

11

10 **RYAN MCBRIDE**
Valley Rovers Old Boys

GARY WEEDON
West Chiltington

9

9 **JAMES HUNT**
Seaford Town

TEAM SHEET



**VALLEY ROVERS
OLD BOYS VETS**

BLACK



**MILE OAK
VETS**

WHITE/ORANGE

- STEVE THOMPSON (GK)
- STEVE FERNANDEZ
- BEN TOWNER
- ROB BUSBY
- DANE AMIET
- DAN WHITTON
- STACEY SIKIRU
- JACK DICKENS
- JAKE WARD
- RYAN MCBRIDE
- LEWIS HIDE
- TOM SHELLEY
- MATT MASKELL
- JON BUNDY
- ROSS SMITH
- IAN SOUTH
- SAM HODGKINS
-
-
-
-

MANAGER: IAN SOUTH
ASSISTANT: ELLIS SOUTH

- MATT GOTEL (GK)
- LEWIS TAYLOR
- MICHAEL GOULD
- JAY LOVETT
- KARL GILLINGHAM
- DARREN BUDD
- SCOTT PACKER
- JASON GATHERN
- DEAN LOVEGROVE
- ANDY MCDOWELL
- JUSTIN JONES
- AARON RANSOM
- LEE EARLY
- RICKIE MITCHELL
- AARON MACMILLAN
- BRETT LOVETT
- MATT LINDNER
-
-
-
-

MANAGER: AARON STENNING
ASSISTANT: CHRIS GEORGIU

MATCH OFFICIALS

REFEREE
OWEN RADLEY

ASSISTANT
HARVEY LAMBLE

ASSISTANT
TOM CANNABY

FOURTH OFFICIAL
LEWIS BELLAMY

